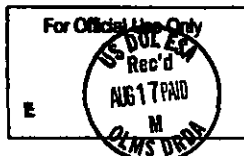


FORM LM-30

LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C. 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1 File Number U - <u>9376</u>	2 Fiscal Year Covered From <u>7</u> / <u>1</u> / <u>04</u> Through <u>6</u> / <u>30</u> / <u>05</u>
3. Name and address of person filing Name <u>TOM</u> <u>BOWER</u> P O Box, Bldg., Room No., if any Street <u>2425 DELAWARE AVENUE</u> City <u>DES MOINES</u> State <u>IA</u> ZIP Code + 4 <u>50317</u>	4 Name, file number, and address of labor organization Name <u>LOCAL 45</u> Labor Organization File Number <u>08019</u> P O Box, Building and Room Number, if any Street <u>2425 DELAWARE AVENUE</u> City <u>DES MOINES</u> State <u>IA</u> ZIP Code + 4 <u>50317</u>
5 Position in labor organization <u>PRESIDENT</u>	

Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.	
6 Name and address of Employer (including trade name, if any). Name Trade Name, if any P O Box, Bldg., Room No., if any Street City State ZIP Code + 4	7.a. Nature of Interest, Transaction, or Income 7.b. Amount. <div style="text-align: center;">-0-</div>

Signature

15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete (See the section on penalties in the instructions.)

Signed

Thomas Bower

On

8/5/05
Date

(515) 861-5122
Telephone Number

Name of Person Filing **TOM BOWER**

File Number U-

B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested

8 Name and address of Business (including trade name, if any).

Name
Trade Name, if any:
P O Box, Bldg, Room No, if any
Street
City
State ZIP Code + 4

9 Business deals with

- ☒ a Labor Organization
☐ b Trust
☐ c Employer

10 If 9 b or 9 c is checked give trust or employer's name

Name **DMACC**
Trade Name, if any:
P O Box, Bldg, Room No, if any
Street **2006 S. Ankeny Blvd.**
City **Ankeny**
State **Ia** ZIP Code + 4 **50021**

11 a Nature of such dealing

11.b Approximate dollar value of such dealing

12 a Nature of interest held or income received

Instructor Fees

12 b Amount

8,243.71

C Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value

13.a Name and address of Employer or Labor Relations Consultant (including trade name, if any)

Name
Trade Name, if any:
P O Box, Bldg, Room No, if any
Street
City
State ZIP Code + 4

14.a. Nature of payment.

13 b Is the Business an Employer ☐ **or Consultant** ☐ **?**

14 b Amount of payment.

Name of Person Filing	TOM BOWER	File Number U-
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B Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested

8 Name and address of Business (including trade name, if any). Name <input type="text"/> Trade Name, if any <input type="text"/> P O Box, Bldg, Room No, if any <input type="text"/> Street <input type="text"/> City <input type="text"/> State <input type="text"/> ZIP Code + 4 <input type="text"/>	9 Business deals with <input checked="" type="checkbox"/> a Labor Organization <input type="checkbox"/> b Trust <input type="checkbox"/> c Employer
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10 If 9 b or 9 c is checked give trust or employer's name Name <input type="text"/> CENTRAL IOWA SHEET METAL TRAINING FUND Trade Name, if any <input type="text"/> P O Box, Bldg, Room No., if any <input type="text"/> Street <input type="text"/> 2425 DELAWARE AVENUE City <input type="text"/> DES MOINES State <input type="text"/> IA ZIP Code + 4 <input type="text"/> 50317-3581	11 a Nature of such dealing <input type="text"/> EXPENSE REIMBURSEMENT 11.b Approximate dollar value of such dealing <input type="text"/> 1,009.69 12 a Nature of interest held or income received <input type="text"/> EXPENSE REIMBURSEMENT 12.b Amount. <input type="text"/> 1,009.69
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C Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value

13.a Name and address of Employer or Labor Relations Consultant (including trade name, if any) Name <input type="text"/> Trade Name, if any <input type="text"/> P O Box, Bldg, Room No, if any <input type="text"/> Street <input type="text"/> City <input type="text"/> State <input type="text"/> ZIP Code + 4 <input type="text"/>	14.a Nature of payment <input type="text"/>
13 b Is the Business an Employer <input type="checkbox"/> or Consultant <input type="checkbox"/> ?	14 b Amount of payment. <input type="text"/>

The transactions, dealings and interests that are reported in the attached Form LM -30 represent my good faith effort to reconstruct any reportable occurrences for calendar year 2004. Some items may have been unintentionally omitted. If, in the future, it comes to my attention that there is a matter which should have been reported for calendar year 2004, I will file an amended Form LM-30.

Thomas Power
Signature

8/5/05
Date